



# GLUTEN FREE DINNER MENU

## • STARTERS •

**HOMEMADE SOUP OF THE DAY (V)** . . . . . 5.00

Gluten Free Bread

**GJ CRISPY CHICKEN** . . . . Sm 8.50 /Lg 14.50

**WINGS**

Hot or BBQ Sauce, Celery, Blue Cheese

**SEAFOOD CHOWDER** . . . . . 9.50

Locally Sourced Seafood, Smoked Fish, Haddock, Salmon,

Prawns, Served with Gluten Free Bread

**HALLOUMI & PICKLED CARROT SALAD** . . . . . 8.50

Grilled Halloumi, Pickled Carrots, Charred Clementines,

Mixed Baby Leaves Honey, Clove & Mustard Dressing

**SALT & CHILI SQUID** . . . . . Sm 8.50 Lg 14.50

Napa Slaw, Lime Aioli

## • MAINS •

**PAN FRIED COD FILLET** . . . . . 23

Creamed Pea & Pancetta Stew, Mashed Potatoes, Dill emulsion

**LARGE SEAFOOD CHOWDER** . . . . . 16

Locally Sourced Seafood, Smoked Fish, Haddock, Salmon, Prawns, Served with Gluten Free Bread

**RISOTTO** . . . . . 15

Thyme Roasted Squash, Grilled Halloumi, Poppy & Sunflower Seeds, Truffle Honey

**GINGER BEER MARINATED CHICKEN SUPREME** . . . . . 19

Smoked Chorizo Jam Stuffing, Sticky BBQ Reduction, Creamed Corn, Great Jones 7 Spice Cashew Nuts, Miso Butter Carrots,

Chicken Fat Mash with Crispy Chicken Crumb

**KING PRAWN AND BEEF LAKSA CURRY** . . . . . 20

Rice, Gluten Free Bread (Not available Sundays)

**SIRLOIN STEAK** . . . . . 10 Ounce 25 • 14 Ounce 30

Served with Portobello Mushroom, Skinny Fries

/ • Surf and Turf ADD £4.50

All our Steaks are locally Sourced • Char-Grilled and Cooked to your Liking. Choice of Sauce: Chimichurri, Black Pepper & Whiskey Cream or Garlic & Herb Butter

Our gluten free dishes have been modify to exclude gluten, please specify your dietary requirement while ordering your meal